



Thank you for contacting End of Life Washington. Whether you reached out to us to be connected with a volunteer, or requested information, we hope that you find the enclosed documents helpful.

End of Life Washington envisions a world where people understand their end-of-life choices and can die on their own terms, without barriers. There is never a fee for any service we provide.

Our volunteers are trained and educated to be a resource for you regarding:

- End of Life options in Washington State
- Steps to access the Death with Dignity Act
  - Help with discussing medical aid in dying with those important to you
  - Locating physicians and pharmacists who will support your rights
  - Preparing the life-ending medication
  - Being present with you and your care team on the day of ingestion
  - Discussing ways to control the manner and timing of death

Please visit our website: [www.endoflifewa.org](http://www.endoflifewa.org). It contains client resources, links to related websites, and other documents you might find useful.

If you have any questions please contact our office at 206.256.1636. All contacts and information are held in the strictest confidence.