



Your life.
Your death.
Your choice.

End of Life Washington is a statewide organization that supports people preparing for their final days. We advocate for the right to a peaceful death. There is never a fee for our services.

We can help you

If you or someone you know needs information and support, End of Life Washington can help with:

- Talking to your loved ones about dying.
- Making decisions about what you want at end-of-life.
- Understanding hospice, palliative care and pain management.
- Finding hospice providers.
- Understanding all options to achieve a peaceful, humane death, including Washington's Death with Dignity Act.

We offer

- Free client support services.
- Healthcare Advance Directive forms.
- Alzheimer's and Dementia Advance Directive forms.
- Physician Orders for Life-Sustaining Treatment (POLST) forms.
- Advance Planning documents and information.
- WonderFile (full end-of-life planning documents).
- Presentations on: Death with Dignity, end-of-life care planning, physician education and Advance Directives.
- Free downloadable planning documents on our website.

The Washington Death with Dignity Act

The act allows terminally-ill adults to request life-ending medication from physicians. Patients must be Washington State residents, have less than six months to live, be capable of making an informed decision, and have the ability to self-administer the prescribed medication.

We can offer you:

- Information and guidance through the process.
- Instructions for talking to your doctors about Death with Dignity.
- Assistance locating participating physicians and pharmacists for clients.
- Personal support and presence at the time of using Death with Dignity.



HOW YOU CAN HELP END OF LIFE WASHINGTON

With your help, **End of Life Washington** educates the public, builds partnerships with health care providers, advocates for patients' rights, and provides services and resources to incurably and terminally ill patients and their loved ones.

End of Life Washington depends almost entirely on gifts from people like you. When you make a donation or planned gift to **End of Life Washington**, it enables your values and commitments to carry on in the service of others. You make their journeys easier; support patient-centered end-of-life care and patient autonomy; and know your gift will be used to uphold patients' rights to a peaceful death.

- **Donate by Mail**

Send your check or other donation information to:
End of Life Washington, 9311 SE 36th St, Suite 110, Mercer Island, WA 98040

- **Donate Online** at endoflifewa.org

- **Pledge**

Online by credit card, or through your checking account.

- **Arrange for a Memorial Request**

Place a statement in your obituary requesting that memorial donations or remembrances be sent to End of Life Washington, 9311 SE 36th St, Suite 110, Mercer Island, WA 98040.

- **Give a Legacy Gift**

How will what you do now be a lasting legacy?

- Make a bequest to **End of Life Washington** through your will
- Set up a charitable trust
- Make **End of Life Washington** a beneficiary of your life insurance
- Name **End of Life Washington** as a beneficiary of your retirement account

For more information:, 206.256.1636, ed@endoflifewa.org

- **Employee Giving Programs**

We participate in the Washington State Combined Fund Drive (0316183), King County Employee Giving Program (9161), and City of Seattle Combined Charities program. You can also designate your United Way contribution.

- **Matching Gifts**

Make a gift that will be matched. Contact your company's matching gifts program.

- **Donate Stock**

We accept stock contributions. To donate stock, contact Fidelity Investments, 800.343.3548.

You will need this information: Account Name: End of Life Washington,
Account Number: Z48-745570, EIN: 91-1412987, DTC: 0026.

- **Make a Qualified Charitable Distribution**

- From your IRA
- If you are 70 ½ years old