

# **RESOURCES FOR END-OF-LIFE ISSUES**

## **End of Life Washington**

End of Life Washington is a nonprofit organization that provides information, counseling, and emotional support to people facing terminal or irreversible illness. We advocate for excellent end-of-life care, the use of advance directives, and patient-centered care. We uphold the right of qualified patients to use Washington's Death with Dignity Act. Confidentiality is strictly protected. There is never a fee for our services.

End of Life Washington 9311 SE 36<sup>th</sup> St, Mercer Island, WA 98040 206.256.1636 Endoflifewa.org

#### **People's Memorial Association**

Helps individuals plan funeral arrangements that are dignified and affordable. With a one-time fee of \$50, members receive information about cremation and burial and discounted fees for cremation/funeral arrangements at contracting mortuaries.

People's Memorial Association 1801 12th Ave. Suite A Seattle, WA 98122 206.325.0489 toll-free: 866.325.0489 www.peoplesmemorial.org info@peoplesmemorial.org

#### **Donate Life Today**

Educates the public about organ donation and gives individuals the opportunity to record their preferences regarding organ donation. Registration with Donate Life Today is considered legal consent for donation.

Donate Life Today 11245 SE 6th St, Ste 100 Bellevue, WA 98004 Toll-free: 877.275.5269 http://www.donatelifetoday.com info@donatelifetoday.com

### **SightLife**

Provides information and assistance with registration for cornea donation.

SightLife 1200 - 6th Ave, Ste 300 Seattle, WA 98101 206.682.8500 Toll-free: 800.847.5786 www.sightlife.org info@sightlife.org

#### **University of Washington Willed Body Program**

Provides individuals with the opportunity to donate their remains for education and research in the medical sciences. UW does not guarantee the acceptance of the remains. Willed Body Program
Dept of Biological Structure
University of Washington School of
Medicine
Box 357420
Seattle WA 98195-7420
206.543.1860 or 206.598.3300
http://wbp.biostr.washington.edu

### **Grief & Life Transitions Counseling**

Provides counseling, education, and referral services for both the bereaved client and the professional caregiver. As a counselor with Grief & Life Transitions, Jinny works with patients who are terminally ill and their family members to help them deal with their overwhelming sense of grief and loss. She also has experience counseling the grieving over Death with Dignity. Grief & Life Transitions Counseling can also provide counselors who are trained to work with children and/or parents who are affected by the death of a loved one.

Jinny Tesik, MA 20042 19th Avenue NE, Lower Level Shoreline, WA 98155 206.362.9094 www.griefandlifetransitions.com jtesik@comcast.net