



WONDERFILE

PLAN NOW • DIE LATER • DO A LOT OF LIVING IN BETWEEN!

The Wonderfile is a convenient organizer for all of your end-of-life documents. It includes all the necessary forms, instructions, and resources you need to record your end-of-life wishes.

Imagine your death as you would like to experience it. What are your priorities? Your family and medical caregivers need to know. Use the Wonderfile to prepare and organize your end-of-life documents. Please discuss all arrangements with your health care agent(s), doctor(s), clergy, family, and friends often, particularly if your medical condition changes. All medical decisions should be discussed with your medical provider(s).

Advance Directives (AD) file

It is recommended that ALL adults over the age of 18 have advance directives. The Values Worksheet will help you organize your thoughts before you fill out the AD. Please read all related documents before completing your advance directive. If you have already completed an advance directive, compare yours to End of Life Washington's to ensure that it is adequate and clearly reflects your preferences. If it is not adequate, consider making a new AD using End of Life Washington's document. See the AD instructions about how to revoke your prior AD. We recommend that once completed, you make ten copies and keep the original in this file.

The Physician Orders for Life Sustaining Treatment (POLST) form is intended for any individual with an advanced life-limiting illness. This form should be completed with your physician and placed on your refrigerator to notify emergency personnel of your wishes.

Funeral Plans file

Place your documentation for funeral arrangements in this folder. Planning your funeral arrangements is recommended and makes it much easier for your survivors to ensure your wishes will be honored. The Wonderfile includes information from People's Memorial Association, a low-cost alternative for funeral planning endorsed by End of Life Washington. Remember: If you wish to be cremated, you should sign a Washington State Disposition Authorization, also included in this file.