

MAKING YOUR FIRST ORAL REQUEST

This documented request starts the 15-day timeline required by law to receive the prescription.

“Please document that I have made a first oral request for life-ending medication under the Death with Dignity law.”

Start with your Primary Care Physician, Specialist, Palliative Care or Hospice Physician

- Ask them to please document your first oral request using the language in the box on the left.
- Ask if they would be willing to write a prescription for life ending medication.
- If they will not write the prescription, ask, “Can you refer me to a physician who will assist me by writing the prescription?”

If your physician will not write a prescription and will not refer you to one who will, ask the following questions:

- “Will you document that I have less than 6 months?”
- “Will you release your chart notes, including my request, if necessary? “

If they refuse to take your request, go to another physician with whom you have consulted.

If none of your physicians will support you and they have no one to whom they can refer you, consult with your Volunteer Client Adviser.