



Your life. Your death. Your choice.

RESOURCES FOR END-OF-LIFE ISSUES

End of Life Washington

End of Life Washington is a nonprofit organization that provides information, counseling, and emotional support to people facing terminal or irreversible illness. We advocate for excellent end-of-life care, the use of advance directives, and patient-centered care. We uphold the right of qualified patients to use Washington's Death with Dignity Act. Confidentiality is strictly protected. There is never a fee for our services.

End of Life Washington
PO Box 61369
Seattle WA 98141-6369
206.256.1636
Toll free: 877.222.2816
www.EndofLifeWA.org
info@EndofLifeWA.org

People's Memorial Association

Helps individuals plan funeral arrangements that are dignified and affordable. With a one-time fee of \$35, members receive information about cremation and burial and discounted fees for cremation/funeral arrangements at contracting mortuaries.

People's Memorial Association
1801 12th Ave. Suite A
Seattle, WA 98122
206.325.0489
toll-free: 866.325.0489
www.peoplesmemorial.org
info@peoplesmemorial.org

Donate Life Today

Educates the public about organ donation and gives individuals the opportunity to record their preferences regarding organ donation. Registration with Donate Life Today is considered legal consent for donation.

Donate Life Today
11245 SE 6th St, Ste 100
Bellevue, WA 98004
Toll-free: 877.275.5269
<http://www.donatelifetoday.com>
info@donatelifetoday.com

SightLife

Provides information and assistance with registration for cornea donation.

SightLife
1200 - 6th Ave, Ste 300
Seattle, WA 98101
206.682.8500
Toll-free: 800.847.5786
www.sightlife.org
info@sightlife.org

University of Washington Willed Body Program

Provides individuals with the opportunity to donate their remains for education and research in the medical sciences. UW does not guarantee the acceptance of the remains.

Willed Body Program
Dept of Biological Structure
University of Washington School of
Medicine
Box 357420
Seattle WA 98195-7420
206.543.1860 or 206.598.3300
<http://wbp.biostr.washington.edu>

Grief & Life Transitions Counseling

Provides counseling, education, and referral services for both the bereaved client and the professional caregiver. As a counselor with Grief & Life Transitions, Jinny works with patients who are terminally ill and their family members to help them deal with their overwhelming sense of grief and loss. She also has experience counseling the grieving over Death with Dignity. Grief & Life Transitions Counseling can also provide counselors who are trained to work with children and/or parents who are affected by the death of a loved one.

Jinny Tesik, MA
20042 19th Avenue NE, Lower Level
Shoreline, WA 98155
206.362.9094
www.griefandlifetransitions.com
jtesik@comcast.net