



Your life.
Your death.
Your choice.

End of Life Washington is a statewide organization that supports people preparing for their final days. We advocate for the right to a peaceful death. There is never a fee for our services.

We can help you

If you or someone you know needs information and support, End of Life Washington can help with:

- Talking to your loved ones about dying.
- Making decisions about what you want at end-of-life.
- Talking to your physician about hospice, palliative care and pain management.
- Finding hospice providers.
- Understanding all options to achieve a peaceful, humane death, including Washington's Death with Dignity Act.

We offer

- Free client support services.
- Healthcare Advance Directive forms.
- Alzheimer's and Dementia Advance Directive forms.
- Physician Orders for Life-Sustaining Treatment (POLST) forms.
- Advance Planning documents and information.
- WonderFile (file organizer with end-of-life planning documents).
- Presentations on: End of life care planning, Advance Directives and Washington's Death with Dignity Act.
- Free downloadable planning documents on our website.

The Washington Death with Dignity Act

The act allows terminally ill adults to request life-ending medication from physicians. Patients must be Washington State residents, have less than six months to live, be capable of making an informed decision, and have the ability to self-administer the prescribed medication.

We can offer you:

- Information and guidance through the process.
- Help with talking to your doctors about Death with Dignity.
- Assistance locating participating physicians and pharmacists for clients.
- Personal support and presence at the time of using Death with Dignity.